

# BRAUNTON & DISTRICT NEWSLETTER

## AUGUST 2025

NEXT MEETING: TUESDAY 5TH AUGUST 2025  
10.00 – 12.00 – PARISH HALL

SPEAKER:  
COFFEE MORNING



Chairperson: Beryl Lloyd 01271 812121  
Dave2000@tinyworld.co.uk  
Membership Secretary: Brian Gilbert  
membershipbrauntonu3a@gmail.com  
Newsletter items to Julia James:  
Tel: 816884 email: jjdevon45@gmail.com  
**September Newsletter deadline**  
**17th August 2025**  
Website: <https://braunton.U3A site.uk/>

## Welcome

Evlyn France  
Barbara Tamlyn

### CROQUET GROUP

The Croquet Group has resumed for the summer. We meet at Barnstaple Croquet Club, Raleigh Meadow, Barnstaple EX31 4UX, weekly on Tuesdays, 2-4pm, weather permitting, we have space for new members.

All equipment and tuition provided, wear comfortable clothes and flat shoes, you may need a waterproof coat and a drink. The charge is a joining/rejoining fee of £4 and £4 for each session you attend. Contact Anne Young on 01271 813255 or email [rayvyoung2000@yahoo.co.uk](mailto:rayvyoung2000@yahoo.co.uk) to join the group and for information on the location.

### THURSDAY 18 SEPTEMBER 25

Afternoon visit to War Horse Valley Country Park at Iddesleigh near Hatherleigh. Formerly the home of Michael Morpurgo the author of "War Horse"

See the cob barn with WW1 exhibitions, the story of farming 100 years ago, meet the animals, trailer rides, walk the farm trail and homemade cream teas (extra charge)

Entrance £6pp. This trip will be by private cars so a contribution to costs would be appreciated.

Tickets will be on sale at the monthly meeting - July, August and September

### MEMBERS STORIES

Any other interesting items from members. it could be a life experience, funny story, meeting with someone famous or anything of interest.

Articles and photos (if available) to be submitted to our Newsletter Editor, Julia

## Liz Shakespeare, Speaker at the July meeting



Culm Valley u3a invite you to join us to Celebrate Art!

Our 2 day event on the 16<sup>th</sup> and 17<sup>th</sup> September 2025 has something for everyone, whether you are new to the whole art thing and want to try different types of art, or you have enjoyed being creative for years!

The 2 days consist of a broad range of workshops, an informal evening meal and an inspirational speaker.

Our 2 hour workshops are delivered by a team of inspirational and creative tutors who are looking forward to sharing their knowledge and skills with you in the following workshops:

- A Fresh Approaches to Still Life using Collage
  - Discovering Unusual Ways of Working with Watercolour
  - Exploring Soft Pastels
  - The World of Gelli Printing
  - Getting into Feltting
  - Creating a Textile Landscape
  - Starting out in Calligraphy and Lettering
  - Planning and Creating Mixed Media Art
- All workshops are repeated 3 times on the day they are running.
- All workshops cost £10 to attend (or £6 for u3a members)

Following an informal evening meal on Tuesday 16<sup>th</sup>, we will hear from Cate Field who is joining us to talk about "Cultivating a Creative Mindset". Cate delves into the transformative power of creativity and how it can enrich both personal and professional life. Drawing on her extensive experience as an artist and educator, Cate provides practical strategies and insightful anecdotes to help her audience embrace their creative instincts.

The informal meal and speaker cost £12 to attend (or £8 for u3a members).

For more information and booking details please email [CelebratingArt2025@gmail.com](mailto:CelebratingArt2025@gmail.com)

**u3a** Culm Valley

## LOCAL HISTORY GROUP

There will be no meeting in August, our next meeting will be on Tuesday 9th September when David Carter will talk about Listed buildings of North Devon.

### TIVERTON CANAL TRIP

19 June was a very hot day when 47 members went on the horse drawn barge canal trip. Members from Ilfracombe joined us and had a delightful day when new friendships were made. The result is that we are hoping to work together on trips for next year. Photos taken by Karin Hewlett. The horse was named George, and the dog was Logan.



## SPEAKERS BOOKED FOR 2025

September 2nd

Trish and Cathie, Race around the World

October 7th – Stephen Powles

Hedgehogs

November 4th - Devon Air Ambulance

TBA

December 2nd

Sally Smith - Magnificent Women and  
Flying Machines

## WALKING GROUP

Mortehoe to Woolacombe and beyond.

Tuesday 8 July.



## PAPERBACK BOOKS

Do you have any unwanted paperback books?

The Rotary Club of Braunton would be delighted to take them off your hands. Each summer the Rotary club places paperback books in various camp sites in North Devon for the visitors to purchase. Last year the money raised from the sales amounted to nearly £500 and this was donated to various local Charities eg. Ask for Jake, Braunton Volunteers, ND Hospice. Please contact Beryl 01271 812121.

## OLD FOREIGN AND UK COINS

If you have any old foreign or UK coins and do not want them, please contact Beryl on 01271 812121. The old coins are passed onto a company with the money raised going to help Mary's Meals which is an organisation in Africa that provides school meals for children.

# INTEREST GROUPS

## ART APPRECIATION

Jane Casey – 816893

Jackie Osborne – 813317

We take a light-hearted look at the work of a different artist 11th then have a go at working in their style.  
2nd Tuesday of each month 10am – 12pm

## BOOK GROUP

Brian Gilbert

816911 or 07876308317

briangilbert8@gmail.com

2nd Tuesday of the month, 2.00pm in the Library

## CINEMA GROUP

Barbara Watson 07740941263.

<barbingledene@gmail.com

Sue Gilbert\_07969150318

suegilbert46@gmail.com

Please contact by email or WhatsApp to register and for details of films.

## COUNTRY DINERS

Group 1 - Ray and Lola Hanson 817681

lolahanson@btinternet.com

### Group 2

Jean Barnes 890927 jeanb68@btinternet.com

3rd Friday of each month

## CRAFT

Sue Gilbert – 816911

suegilbert46@gmail.com

Third Wednesday of each month, 2pm at the Countryside Centre

## CROQUET

Anne Young 813255

amcyoung2003@yahoo.co.uk

## DISCUSSION GROUP

David Kent 816042

drandjgkent@btinternet.com

Meets the last Monday of the month for discussions on various subjects.

## EXERCISE - Medau Movement

Rosemary Littlewood – 890066

Braunton Parish Hall,

Weekly classes will resume on Monday 15th September.

12.30 – 1.20 and 1.45 – 2.35

Maximum 20 per class, so book with Rosemary

Still just £1.00 per session

## Croyde Village Hall

Weekly classes will resume on Thursday 9th October, cost £2 per session

## Rosemary's ramblings

*If you bring sunshine into the lives of others, you cannot keep the rays from yourself*

## FLORAL ART

Jan Evans 812852 janetevans6@icloud.com

Meeting third Tuesday of the month 10.00 - 12.00 at St Brannocks Rooms

## GEOLOGY

Paul Madgett 812617

madgett@hotmail.com

Contact Paul for next event

## LANGUAGES

### GERMAN

Sheila Higdon 812585

higdonsheila15@hotmail.com

Wednesday 10.30am – 12.00

### SPANISH IMPROVERS

Christine Delve 07884 944297

Email: cdelve55@gmail.com

Monday 10.30am - 12.00 noon

## LOCAL HISTORY

Anne Young 813255

ayvyoung2000@yahoo.co.uk

The Local history group meets on second Tuesday of the month at St..Brannocks rooms, Church St., Braunton, EX33 3EP at 10am until 11.45am, new members welcome. There is only limited parking at the venue. Refreshments are served until 10.30am. The cost is £2.00. **See box for details**

## LOCAL LUNCHES

Shirley Fry 813944

12.15 for 12.30 pm on the second Friday of each month

## MAH JONG

Peter Barnes 816998

peterbarnes1958@hotmail.com

Meeting on 2nd and 4th Wednesdays of the month at 2pm.

## POETRY

Gillian Kerr 549150

Every second Wednesday of month 2. – 4.30pm approx..

We have now acquired a couple of new members, so the group is full at present, but we are happy to put your name on a waiting list if you are interested.

## RUMMIKUB (BOARD GAME)

Marg Abbott. 07710 201396

margabbott@icloud.com

Meeting on the third Wednesday at members' homes from 2 till 4pm. This group is full at the moment but if anyone else would like to play do get in touch so I can put you on a waiting list.

## SOCIAL SCIENCES

Lora White 870171

lora@planetmail.com

Come and join the Social Sciences group, learning about interaction and developments in society through Computer & TV presentations with Lora, provoking and sparking new ideas. We would love to hear your views. Meeting once a month, on the 4th Tuesday. 10.30am – 12.30pm at member's homes with Lora, unless otherwise arranged.

## STROLLERS

Carole Sellwood 07729899444

1st and 3rd Wednesday of the month.

Meets at the Countryside Centre at 10.30am

Wednesday 6th and 20th August.

## INTEREST GROUPS

### THEATRE COMPANIONS

Rosemary Littlewood – 890066  
07811892686

#### Thursday 11th September

Queens Theatre.  
Bournemouth Symphony Orchestra.  
7.30pm Tickets £34,00

#### Saturday 20th September

Queens Theatre  
Blood Brothers **SELLING FAST**  
2.30 Matinee, Row R Tickets £43,50  
Early booking essential, NO reservations

#### Thursday 2nd October

Queens Theatre.  
Play – Breaking the Code  
2.30 Matinee  
Row H & J Ten seats reserved  
Early Bird discount  
4 seats at £12.75 6 seats at £16,50

All tickets must be paid for in advance with booking.  
Contact Rosemary if interested in any of the above

### TRIPWIRE

Beryl Lloyd 812121

#### Thursday 18th September

Afternoon visit to War Horse Valley Country Park,  
Iddesleigh – **See box for details**

### WALKING

Rosemary Littlewood 890066

Most Tuesdays, varied bus/walks, with refreshments at pub/cafe if you wish. Appropriate clothing, light refreshment and poles if required.  
Dogs welcome on the walk but restrictions at some cafes.

#### Tuesday 22nd July

##### Braunton - West Hill and Chapel Hill

Meet at Countryside Centre 10.15am for 10.30 departure

#### Tuesday 29th July – car share

##### Hunters Inn – NT – Circular walk

##### Either Trentishoe or Martinhoe

Meet at Hunters Inn car park at 10.15 am for 10.30 departure.

#### Tuesday 12th August – Car share

##### Arlington Court NT

Meet at Arlington car park at 10.00am

#### Tuesday 19th August

##### Barnstaple town walk

##### SQ 21C bus, depart 10.19 am

Coffee at St. Johns, Newport

Lunch at Queen Anne Café

Easy and interesting!!

#### Tuesday 26th and Wednesday 27th August

Stay over at Brendon Stag Hunters Inn.

See WhatsApp walking group message of 4th July.

For further information and if the weather looks doubtful the routes may change, so WhatsApp Rosemary on 07811892686 nearer the time

### WINE APPRECIATION

Anne Young – 813255

[rayvyoung2000@yahoo.co.uk](mailto:rayvyoung2000@yahoo.co.uk)

2nd Wednesday of the month at 7.30pm



*Sponsors of our monthly raffle prize meal*