

BRAUNTON & DISTRICT NEWSLETTER

October 2026

NEXT MEETING: TUESDAY 6TH OCTOBER 2026
10.00 – 12.00 – PARISH HALL

SPEAKER:
BARNSTAPLE LADIES CHOIR



Chairperson: Beryl Lloyd 01271 812121
Dave20000@tinyworld.co.uk
Membership Secretary: Judi Walker
membershipbrauntonu3a@outlook.com
Newsletter items to Julia James:
Tel: 816884 email: jjdevon45@gmail.com
November Newsletter deadline
20th October 2026
Website: <https://braunton.U3Asite.uk/>

Welcome

Margaret Nobes
Philippa Turner
Peter Lambert
Jennifer Barten

SPEAKERS BOOKED FOR 2026

November – Coastal Swim Coaching
December Ashley Jones – Talks about
David Niven

MEMBERS STORIES

Articles and photos (if available) to be
submitted to our Newsletter Editor, Julia

U3A Member Rose Norris at 100

To mark Rose Norris's 100th birthday Chairperson Beryl presented Rose with a card and bouquet of flowers. Members also sang "Happy Birthday".

A big thank you to Beryl and the Team for honouring Mums 100th birthday in September. Linda and Sue.



WEBSITE ADMINISTRATOR

At the AGM in June our Website administrator, Joan Ainsworth, said that she wishes to relinquish her position in June 2027.

We therefore urgently seek a member to come forward to take her place and progressively take over in the coming next year.

If you are interested in the position, please either contact Joan or me. Further information Beryl 01271 812121.

Sky Drive

Thank you for the amazing contribution from Branton U3A for the North Devon Hospice! On 14th August, Cliff and Clemmie jumped out of a serviceable aircraft flying at 15,000 ft and lived to tell the tale! The U3 A contribution came to over £200, a magnificent addition to the over £1700 funds already raised, with further money pending. Update on the September meeting!



Strollers

Strollers have decided to finish this group and we will amalgamate with the Wellbeing Walks with the Countryside Centre which is every fortnight on Wednesdays. Next Wellbeing walk is on 8th July.

Membership

If you are new member joining our u3a for the first time you are required to fill in an application form. This is to comply with GDP, also we need your details to send out newsletters etc. preferred payment is by Bank Transfer, or cash. Details of our bank account can be found on our website. We get charged 50p a cheque when we pay them in to the bank.



**BRAUNTON
REPAIR CAFE**
Textiles • Mechanical • Bicycles • Electrical

2026
(Saturdays, 10am-1pm):

September 5th:
 **SCHOOL UNIFORM
UPGRADE SPECIAL!**

October 31st:
Halloween Fancy Dress

December 5th:
Christmas Crafts & Fun!



Bring your items to be repaired and learn some new skills

**Museum of British Surfing
Braunton EX33 1AA**

Supported by:



Walking Group

18 August. A lovely walk from Ilfracombe up



AUGUST 25TH

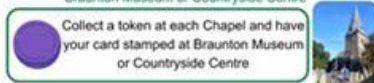
Mortehoe to woolacombe (via Morte Point) walk, followed by Sri Lankan curry on Barricane Beach.



Explore Braunton Parish and find the 5 historic Lady Chapels during October

5 enjoyable walks all with points of interest available on
www.brauntoncaenrotary.co.uk
or printed version at

Braunton Museum or Countryside Centre



Collect a token at each Chapel and have
your card stamped at Braunton Museum
or Countryside Centre



The Walks are free but a donation to help our Club's work
in helping to eradicate Polio will be much appreciated.
Please use the QR code below, or go to our website
www.brauntoncaenrotary.co.uk a cash donation can be
made at the Braunton Museum or Countryside Centre



Join us at the Countryside Centre
to learn more about End Polio Now
24th October 4 - 6pm
World Polio Day



Walk with your friends, take your grandchildren. On your return why not stop for a cup of tea
or coffee in one of our cafes. Do please share these walks on your own social media
networks. Let us get everyone out walking to End Polio Now

Braunton Caen Rotary has always been involved in eradicating polio. The photo on the
poster is of a member giving oral vaccine to a child in India alongside a further 5 of our
members. Roger Byrom as our Rotary District Rep. has been to the House of Commons
twice now as part of a high powered delegation to raise awareness of its importance in
Government

From being endemic in many parts of the world in the 1970s, spearheaded by Rotary, there
are now just a handful of cases in Afghanistan and Pakistan. Like smallpox it can be
eradicated. Meanwhile we are still all worldwide vaccinated in childhood because it can
easily flare up. Polio is incurable and results in limb deformation, paralysis and sometimes
death.

The End Polio Now campaign goes well beyond vaccination, establishing medical expertise
to fight other diseases such as Ebola. Public Trust is crucial

Please take part and help us to eradicate Polio

DEVON u3a BIG QUIZ

As the proud (and somewhat astonished) winners of last year's
quiz, Honiton u3a are hosting the Big Quiz this year.

The quiz is open to all u3a groups in Devon. Each u3a is allowed
1 or 2 teams of 4 members per team. The price per team to enter
is £10.

When: Thursday 22nd October 2026

Where: Awliscombe Village Hall, Greenway Lane,
Honiton, EX14 3PJ

Time: Arrive 1.30, quiz starts at 2.00, finish 5pm

Expect: Main quiz that includes an intriguing
photo challenge with a trophy for the winning
team and a few extra surprises!



**PLUS
a free
raffle**

Tea, coffee and biscuits on arrival
and during the interval.



Car parking available on site.



To reserve a team table contact Karen at:
kepitt99@gmail.com

For more information contact Honor at:
honor.head@btinternet.com

Local History Group

The next meeting is on Tuesday 13th October
when Sue Hill will talk about Lee – known as
Fuchsia Valley. We meet at St Brannocks
Rooms, Church Street, Braunton, EX33 2EL,
at 10am for refreshments with the talk at
10.30am. Everyone welcome, there is a
charge of £2 and parking at the venue.

Group 2 Country Diners

August get together held at Denham Farm where
members held a bring and share at Jeans home
with lots of lovely food and good weather.



CHRISTMAS LUNCH

Thursday 3 December 2026 at the Williams Arms Wrafton

GUEST SPEAKER- Gary Reed with "It shouldn't happen to a Headmaster at Christmas".

The cost per person is

Carvery only - £20

Or

Carvery and sweet - £24

Prices include gratuity and speaker fees but NO drinks which should be paid direct.

OPTION A - £20

Carvery only – choice of Turkey, Pork, Beef or Nut Roast

OPTION B - £24

Carvery as above plus a choice from the Sweet of the Day.

Please advise your choice when you book at the November or December meetings. Numbers are limited.

The correct amount of payment IN CASH would be greatly appreciated.

If you are unable to attend the monthly meeting and would like to book a ticket, please contact Beryl Lloyd on 01271 812121.

The poem for the month of August was from Betty Foot.

'St. Paul's Cathedral, London
just as important as can be!!
So when invited to attend
my husband and of course with me,
the wedding of the daughter
of a very special friend,
it really was quite splendid,
a privilege to attend!!
At the finish of the service,
when down those steps could see,
a crowd already gathered,
maybe a famous face to see.
I just hope they were still happy
That one guest's face was me.

Betty being presented with her voucher for Deano's by the visiting speaker Liz Shakespeare
Our thanks go to Dean for supporting last months poetry competition.

The theme for the next poetry competition is 'School'. This might be your own school days, taking grandchildren to school, anything on the general theme of school. The best of luck and please do not be shy about sending me your offerings to my email address wfh1951@me.com

Many thanks and the best of luck. Bill Hitchcock



INTEREST GROUPS

ART APPRECIATION

Jane Casey – 816893

Jackie Osborne – 813317

We take a light-hearted look at the work of a different artist and then have a go at working in their style.

2nd Tuesday of each month 10am – 12pm

BOOK GROUP

Brian Gilbert

816911 or 07876308317

briangilbert8@gmail.com

2nd Tuesday of the month, 2.00pm in the Library

BEGINNERS BRIDGE

Roy Baker 07768314226

2nd and 4th Thursday of the month

10.30 – 12.30

CINEMA GROUP

Barbara Watson 07740941263.

barbingledene@gmail.com

Sue Gilbert 07969150318

suegilbert46@gmail.com

Please contact by email or WhatsApp to register and for details of films.

COUNTRY DINERS

Group 1 - Ray and Lola Hanson 817681

lolahanson@btinternet.com

Group 2

Jean Barnes 890927 jeanb68@btinternet.com

3rd Friday of each month

CRAFT

Sue Gilbert – 816911

suegilbert46@gmail.com

Third Wednesday of each month, 2pm at the Countryside Centre

CROQUET

Anne Young 813255

amcyoung2003@yahoo.co.uk

Croquet has finished for this summer back again in April 2027!

DISCUSSION GROUP

David Kent 816042

drandjgkent@btinternet.com

Meets the last Monday of the month for discussions on various subjects.

EXERCISE - Medau Movement

Rosemary Littlewood – 890066

WhatsApp 07811892686

Braunton Parish Hall.

Weekly classes on Mondays .

12.30 – 1.20 and 1.45 – .2.35

£1.00 per session

Unfortunately classes will not run for the Autumn Term. Hopefully start again in January 2027.

Rosemary's ramblings

Giving is often thought of in terms of the things we give, but our greatest giving is of our time, kindness & comfort. When that is, is only it is gratefully received.

FLORAL ART

Jan Evans 812852 janetevans6@icloud.com

Meeting third Tuesday of the month 10.00 - 12.00 at St Brannocks Rooms

GEOLOGY

First Wednesday of each month, 2 - 4pm, at 1A Lower Park Road; plus occasional local field meetings.

Please contact Paul in advance

at madgett@hotmail.com or on 01271 812617 for details.

LANGUAGES

GERMAN

Sheila Higdon 812585

higdonsheila15@hotmail.com

Wednesday 10.30am – 12.00

SPANISH IMPROVERS

Christine Delve 07884 944297

Email: cdelve55@gmail.com

Monday 10.30am - 12.00 noon

LOCAL HISTORY

Anne Young 813255

rayvyoung2000@yahoo.co.uk

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Everyone welcome, there is a charge of £2 and parking at the venue

LOCAL LUNCHES

Shirley Fry 813944

12.15 for 12.30 pm on the second Friday of each month

MAH JONG

Peter Barnes 07477599381

peterbarnes1958@hotmail.com

Meeting on 2nd and 4th Wednesdays of the month at 2pm.

POETRY

Gillian Kerr 549150

Every second Wednesday of month 2. – 4.30pm approx..

We now have a vacancy in our friendly group due to a member leaving the area. If you are interested, or would like more information, please contact Gillian.

POETRY – Penners

Bill Hitchcock wfh1951@me.com 07736671440

Meet Monthly at The Countryside Centre on Wednesday 12.30 to 1.30

7th October and 4th November

If you like writing the odd poem or enjoy hearing / reading your own or favourite poem, you will be most welcome.

RUMMIKUB (BOARD GAME)

Marg Abbott. 07710 201396

margabbott@icloud.com

Meeting on the third Wednesday at members' homes from 2 till 4pm. This group is full at the moment but if anyone else would like to play do get in touch so I can put you on a waiting list.

INTEREST GROUPS

SOCIAL SCIENCES

Lora White 870171

lora@planetmail.com

Come and join the Social Sciences group, learning about interaction and developments in society through Computer & TV presentations with Lora, provoking and sparking new ideas. We would love to hear your views. Meeting once a month, on the 4th Tuesday. 10.30am – 12.30pm at member's homes with Lora, unless otherwise arranged.

TRIPWIRE

Beryl Lloyd 812121

If you have any ideas where you would like to go on a trip in 2027, please get in contact.

WALKING Groups

Phil Watson on 07889506380

Most Tuesdays, varied bus/walks, with refreshments at pub/cafe if you wish. Appropriate clothing, light refreshment and poles if required.

Dogs welcome on the walk but restrictions at some cafes.

Currently divided into Group A (longer/stronger walkers) and Group B (slower and easier)

As at publishing date, due to holidays, etc, some walks in September are still to be arranged/Leader decided. Please contact Phil Watson on 07889506380 for further updates and for meeting times/travel arrangements, etc.

Tuesday 22 September

A&B Groups – Torrington to Puffing Billy. A Group to continue to Bideford

Tuesday 29 September

To Be Arranged

WINE APPRECIATION

Anne Young – 813255

rayvyoung2000@yahoo.co.uk

2nd Wednesday of the month at 7.30pm

U3A MONTHLY RAFFLE PRIZE

We have a new sponsor for our monthly meeting raffle prize, and it is a thank you to Roger Byrom and his team from L Clarke & Sons who are donating a £15 Tesco voucher as the prize.



L. Clarke & Sons
— Independent Funeral Directors —